



CHERRY CREEK SCHOOLS
**PARENT
ACADEMY**

Pick a location that works best for you!

CLICK HERE FOR MAP

Each class meets from 6:00 to 8:30 pm

Cottonwood Creek Elementary School

Sept/Oct on Thursdays
(9/17, 9/24, 10/1, 10/8)

Laredo Middle School

November on Tuesdays
(11/3, 11/10, 11/17, 11/24)

Prairie Middle School

January on Wednesdays
(1/6, 1/13, 1/20, 1/27)

Campus Middle School

Feb/March on Thursdays
(2/11, 2/18, 2/25, 3/3)

Horizon Middle School

March on Tuesdays
(3/1, 3/8, 3/15, 3/22)

Falcon Creek Middle School

April/May on Wednesdays
(4/13, 4/20, 4/27, 5/4)

*Childcare available on a limited basis
Light snacks provided*

Cherry Creek School District psychologists, social workers and counseling staff present the Guiding Good Choices program throughout the district year-round. Guiding Good Choices is nationally recognized as a Model Program by the Substance Abuse and Mental Health Services Administration.

Help Guide Your Child through their Tweens!

A Program for Parents of 4th-8th Graders!

As children evolve from parent-pleasing little ones, to adolescents yearning for independence, testing boundaries and seeking peer acceptance, this **proven effective** four-week class offers tips for parents on navigating those challenging years.

LEARN TO:

- » Teach your child to stop, think and control impulses
- » Communicate peer pressure refusal skills
- » Understand adolescent brain development and how it affects behaviors
- » Develop healthy beliefs and clear standards within your family
- » Strengthen family bonds
- » Manage family conflict

INVEST THE TIME!

- » Four classes can make a lifetime of difference!
- » Research shows that Guiding Good Choices has been demonstrated to:
 - » Reduce alcohol use by 40 percent
 - » Increase the probability of remaining drug free
 - » Significantly reduce the the rate at which adolescents develop depression

Cost: \$30.00 per family - includes a \$10 workbook fee (Scholarships available for families who receive Free & Reduced Lunch - Call 720-554-4247 for more information.)

Additional costs of the program are sponsored by the CCSD Wellness Office.

Space is Limited!

CLICK HERE TO REGISTER

QUESTIONS?

EMAIL: lkoenig2@cherrycreekschools.org

PHONE: 720-554-4247



Dedicated to Excellence
Cherry Creek Schools