

*Tuesday, November 1 • 9:15 a.m. - 11:15 a.m.*

## ***Learning Differences: The Challenges & Joys***

Be inspired by Laura Barr as she engages through story what she has learned from raising and serving children with learning differences. This motivational talk will provide tips and tricks for parents of ALL children, and will discuss:

- How, when and why to advocate for your child
- Setting realistic and reasonable expectations
- Understanding the value of shifting perspective from victim to owner
- Practicing love as a survival skill

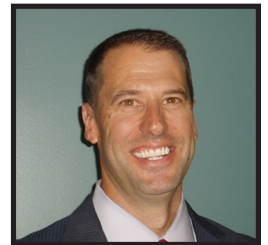


***Laura Barr***

Laura has more than 30 years of experience working with children and families in the classroom, parent education and educational consulting. She is the founder of e.Merging Educational Consulting, and author of the Entitlement Antidote: A Workbook for Innovative Parents.

### ***Plus an update on CCSD School Start Times. Your input is needed!***

The Cherry Creek School District is investigating the potential of establishing school start times that better align with research on adolescent sleep patterns and that are appropriately balanced with family and community needs. Please join Associate Superintendent, Dr. Scott Siegfried, in a discussion as he shares current thinking and possible scenarios for our schools.



## ***Special Evening Presentation: Wednesday, November 9 • 7:00 -8:30 p.m.*** ***Resilient Families: Being Present, Peaceful and Positive***

Learn skills you can teach your kids to build resilience and reduce stress. Modern life presents a variety of stressors for children/youth and adults. While this can frequently leave you feeling daunted, the good news is that we can teach kids social-emotional skills to support their capacity (and ours) to respond to these challenges in a positive way and become more resilient in the process. Join us to hear CCSD District Wellness Coordinator Janise McNally explain factors unique to current-day parenting and explore strategies for managing and modeling stress reduction.



***Janise McNally***

Parents, school administrators and community members are welcome and encouraged to attend PIN's presentations. No need to RSVP—just come! Presentations are FREE and are held the first Tuesday of each month at:

### **Student Achievement Resource Center (SARC)**

**14188 E. Briarwood Avenue, Centennial**

(South of Arapahoe Rd., between Potomac and Jordan Roads)

Visit [www.PINccsd.org](http://www.PINccsd.org) for Podcasts and Meeting Highlights

MARK YOUR CALENDARS: December 6th, 9:15 a.m., 10 Things Everyone with a Brain Should Know