



## Mind Games

## Understanding the Adolescent Brain

Tuesday Feb. 7<sup>th</sup>, 9:15 - 11:15 a.m.

Join us at the next PIN presentation to hear psychologist Jim Langley explain how teens discover themselves, what the purpose of their emotional intensity is, and what to expect as they develop into young adults. Using



a fun, relatable brain-based approach, Dr. Langley will discuss the "method to the madness" of our kids' teen years. He'll also give ideas to help parents help their teens grow into happy, healthy young adults.

Dr. Langley is a husband and father of five boys and a licensed clinical psychologist with Knippenberg, Patterson, Langley, & Associates. His specializes in helping teens and young adults discover who they are and what they can become. His passion lies in helping others unleash their potential through knowing themselves in a deeper way.

Parents, school administrators and community members are welcome and encouraged to attend PIN's presentations. No need to RSVP—just come! Presentations are **FREE** and are held the first Tuesday of each month at:

## Student Achievement Resource Center (SARC) 14188 E. Briarwood Avenue, Centennial

(South of Arapahoe Rd., between Potomac and Jordan Roads)

Visit www.PINccsd.org for Podcasts and Meeting Highlights

MARK YOUR March 7th The Making of Boys to Men

<u>CALENDARS:</u> April 4<sup>th</sup> Visual Processing Beyond 20/20: Improving Academics, Sports & Confidence